

A background of interlocking puzzle pieces in a dark blue color, with some pieces missing, creating a textured effect.

Human Services

Community Resource Guide

Directory of Services in the Gilbert Area

Fall 2019

gilbertaz.gov



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This is a brief listing of some of the providers available in and near Gilbert. This guide is intended to connect residents with community assets, provide information about resources to improve quality of life and offer access to information for residents who are in need of services.

The Town of Gilbert (Gilbert) does not endorse any provider or evaluate the quality of service provided. You are encouraged to research and determine the best provider for your family.

Gilbert accepts no liability for the content of this Resource Guide, or for the consequences of any actions taken on the basis of the information provided.

Other resources may be available at 211, Maricopa County Health Services and County Department of Public Health and via 211 at cir.org.

It's our goal to provide current and accurate information; however businesses may have changed locations or contact information. **To report errors or to submit additional agencies for consideration, [click here](#).**

Date Revised: 9/23/2019

Heritage Center-Gilbert

Provides access to medical, dental, counseling, and social services; hosts workshops

132 W Bruce Ave, Gilbert 85233

480-428-5446

gilbertaz.gov/residents/community-and-neighborhood-services/community-resources/heritage-center

AZCEND

CAP office- Emergency financial assistance for utilities and eviction prevention.

Family Resource Center- free parenting education workshops, interactive family play opportunities, story time for families with children 0-5

480-428-5446

azcend.org

Dignity Health

Children's dental clinic, immunization clinics, vision and hearing clinics for children, workshops

Children's Dental 480-728-5790

Hearing & Vision 480-728-5602

Immunization Clinic 480-728-3777 (Espanola)
480-728-2004 (English)

Healthy Living Workshops 480-728-2376

dignityhealth.org/arizona/locations/chandlerregional/about-us/community-benefit-outreach

Mission of Mercy-MOM

Free medical care and prescription medications

480-758-8343

momaz.org

Southwest Behavioral & Health Services

Counseling services, case management, Child and Family Team Meetings, resource development, and community outreach

480-695-8198

www.sbhservices.org

Women, Infant & Children (WIC)

Nutrition and breastfeeding information, health foods, community referrals

602-506-9333

maricopa.gov/1491/Women-Infants-Children-WIC

Abuse, Adult & Children

9-1-1

Adult Protective Services

Services to protect adults from abuse, neglect or exploitation

1-877-767-2385

azdes.gov/daas/aps

Arizona Department of Child Safety

Report suspected child abuse, neglect, exploitation or abandonment

1-888-767-2445

dcs.az.gov/

Winged Hope

Assistance with treatment of child abuse or domestic violence

480-757-7030

wingedhope.org

Adoption/Foster Care

Aid to Adoption of Special Kids

Connecting children in foster care to mentors, creates families through adoption and foster care

602-254-2275

aask-az.org

Arizona Friends of Foster Children Foundation (AFFCF)

Resources for foster kids to participate in athletic, educational, and other social activities

602-252-9445

affcf.org

ASA Now

Respite care, therapeutic programs, and support for foster families and caregivers

asanow.org

Boost a Foster Family

Provides assistance to Arizona foster families and those seeking foster care licensure

480-298-5665

boostafosterfamily.org

Adoption/Foster Care

Child Crisis Arizona: Family Resource Center, Adoption, Foster Care

Education classes, foster care and adoption services

480-834-9424

childcrisisaz.org/

Eagle Pathway

Resource for youth and single moms exiting foster care

480-225-6664

eaglepathway.com

Foster Care & Adoption - Arizona's Children Association

Train and support foster care families; provide adoption services

800-944-7611

arizonaschildren.org/foster-adopt/

Foster Arizona

Connecting kids to foster families, lists steps to become foster/adoptive family

fosterarizona.org

Helen's Hope Chest

Clothes, personal hygiene items, school supplies, and baby items for children in foster care

mesaunitedway.org/helenshope/

480-834-2121

Jose's Closet

Clothes, school backpacks, toys, diapers and other resources for foster/adoptive families

480-313-8496

josescloset.org

LDS Family Services: AZ Mesa LDS Family Services Office

1-800-453-3860 ext. 2-1711

480-968-2995

providentliving.org/lds-family-services/adoption-resources

Alcohol and/or Drugs

Arizona Addiction Treatment Information

Information on treatment addiction centers near you, include specialized programs and diverse treatment types

888-365-2740

rehabcenter.net/inpatient-rehab-centers/arizona-inpatient-rehab-centers/

Arizona Bridge to Recovery (ABR)

Addiction Recovery Center for drugs and alcohol

480-649-1141

communitybridgesaz.org/program-directory/

ASAP - Adolescent Substance Abuse Program

Treatment program for people ages 12-18 years old

602-434-0249

asapaz.com

ASPIRE Outpatient Women's Substance Abuse Treatment

Substance abuse counseling, trauma therapy, in-home visits, peer-to-peer support, transportation and childcare to encourage participation

480-768-6022

communitybridgesaz.org/programs/womens-and-childrens/aspire/

Community Bridges

Crisis mobile teams, inpatient/outpatient opioid and mental health treatment

877-931-9142

communitybridgesaz.org

Celebrate Recovery

Recovery ministry

480-257-3968

sunvalley.com/recovery-care

Center for Hope

Transitional housing program for women; assists with substance abuse and behavioral health

480.461.1711

communitybridgesaz.org/videos/center-for-hope/

Alcohol and/or Drugs

Chandler Valley Hope

Addiction treatment facility; residential and partial day levels of care

480-899-3335

valleyhope.org/locations/chandler-valley-hope/

Dynamic Living Counseling

Counseling, classes and treatment services

480-507-9919

dynamicliving.net/

East Valley Addiction Recovery Center

Health programs pertaining to prevention & treatment

480-962-7711

communitybridgesaz.org/program-directory/

Gilbert Youth & Adult Resources

Comprehensive counseling program

480-635-7701

gilbertaz.gov/departments/police/community/youth-adult-resources

Transitional Living Communities

Safe, secure, and sober environment for recovery from addictions and alcoholism

480-833-0143

transitionalliving.org

Pathways Program for Teens/YA

Rehab treatment center

877-921-4050

thepathwayprogram.com

Hope for Addiction, Inc.

Weekly meetings, mentorship, transition support and practical tools

480-782-0403

myhopeforaddiction.com

Salvation Army Adult Rehabilitation Center

Residential recovery program

1-800-728-7825 | 602-256-4500

salvationarmyphoenix.org/#!/adult-rehabilitation-center/c1lgc

Teen Challenge of Arizona

Faith-based solutions for youth, adults and families struggling with life controlling problems

800-346-7859

tcaz.org

Other Rehab Resources

addictioncenter.com/rehabs/arizona/

www.rehabcenter.net/inpatient-rehab-centers/arizona-inpatient-rehab-centers/

transitionalliving.org

Animals: Stray or Injured Animals/Animal Cruelty, Emergency Placement

Arizona Medical Center of Chandler

Full service hospital, spay/neuter, dentistry diagnostics, dermatology and spa services, and more

480-339-0406

amcofc.com

Arizona Humane Society

Rescue and adoptions

602-997-7585 x134

azhumane.org

HALO Animal Rescue

Adoptions and rescues

602-971-9222

halorescue.org

Maricopa County Animal Care & Control

Pet adoptions, file dog licenses, post lost/found pets, and report pet incidents

602-506-3011

maricopa.gov/pets

Injured Wildlife

Arizona Covey

Quail care

602-996-1934

East Valley Wildlife

Care for small birds/mammals, including ducks, doves, woodpeckers, hummingbird, rabbits, squirrels, etc.

480-814-9339 or evwildlife@aol.com

eastvalleywildlife.org

Liberty Wildlife

Rehabilitation for birds, mammals, reptiles, & amphibians, environmental educational, * conservation services

480-998-5550

libertywildlife.org/

Southwest Wildlife Conservation Center

Rescue/rehabilitation of Arizona wildlife

480-471-9109

southwestwildlife.org

Wild Wing Rescue

Bird rescue

480-893-6660

Benefits

Arizona Health Care Cost Containment System (AHCCCS)

Medical insurance coverage

602-417-7100 | Application **855-432-7587**

des.az.gov/services/basic-needs/ahcccs-health-insurance-medical-assistance

Arizona Long Term Care System (ALTCS)

Medicaid program to help seniors and disabled individuals afford health care

602-417-6600

altcs.com

DES Childcare Assistance

Financial aid for child care assistance

602-542-2526

des.az.gov/services/basic-needs/child-care-home

Medicare

Health care assistance for 65+

1-800-772-1213 | TTY **1-800-325-0778**

ssa.gov/medicare/apply.html

Nutrition Assistance

(formerly Food Stamp program)

Supports families to prevent under-nutrition

1-855-432-7587

azdes.gov/nutrition_assistance

Social Security Disability (SSI/SSDI)

Benefits to disabled adults and children

1-800-772-1213 | TTY **1-800-325-0778**

socialsecurity.gov/disabilityssi/ssi.html

Social Security (Retirement)

Retirement financial benefits

1-800-772-1213

ssa.gov/retirement/retirement.htm

Temporary Assistance for Needy Families (TANF)

Temporary cash assistance to meet basic needs

1-855-432-7587

des.az.gov/content/cash-assistance-overview

Women, Infants and Children (WIC)

Nutrition program, supplemental foods and referrals for pregnant, breastfeeding and

postpartum women, infants and children under 5

1-800-252-5942

azdhs.gov/azwic

Child/Teen Services

Big Brothers Big Sisters

Mentoring program for 6-18

602-264-9254 | TTY **1-800-367-8939**

bbbsaz.org

Child/Teen Services

Boys Town National Crisis Hotline

Provide information, guidance, and expertise

800-448-3000

boystown.org

Chandler-Gilbert YMCA

Sports, childcare, community programs

480-899-9622

valleymca.org/chandler-gilbert

Florence Crittenton Services of Arizona

Housing, outpatient and skills programs

602-274-7318 | TDD 602-288-4551

flocrit.org

Gilbert Boys & Girls Club

After school, teen and summer programs; youth and teen sports leagues; homework assistance

480-813-2020

clubzona.org/gilbertbranch.html

HomeBase Youth Services – Homeless Youth/Native American Connections

Affordable housing assistance, drug and alcohol recovery, family stabilization, and community wellness

602-263-5531

hbys.org

HandsOn Greater Phoenix

Coordinates volunteer opportunities

602-973-2212

handsonphoenix.org

Not My Kid

Education programs-substance abuse, bullying, internet safety and more

602-652-0163

notmykid.org

Teen Lifeline, Inc.

Suicide counseling

800-248-8336 | 602-248-8336 after 4 p.m.

teenlifeline.org/

Tumbleweed (24-hr crisis hotline)

Immediate aid such as safety, shelter and food to homeless and at-risk youth, long term assistance through case management services such as education, life skills, counseling, transitional housing and job placement

602-841-5799

tumbleweed.org

Child Care/After School Care

A New Leaf, Inc. Childcare Programs

After school programs

480-832-9268

turnanewleaf.org/services/youth-behavioral.html

Chandler School District– Child Care

Child care for ages 0-5, Kids Express before and after school care for grades K-8

480-224-3900 | 480-224-3922

cusd80.com/Page/87257

Child Care Resources & Referral

Resource to find quality child care near you

1-800-308-9000

arizonachildcare.org

East Valley Jewish Community Center

Early learning center for all, school break camps, and preschool

480-897-0588

evjcc.org

Gilbert Boys & Girls Club

After school, teen and summer programs; youth and teen sports leagues; homework assistance

480-813-2020

clubzona.org/gilbertbranch.html

Gilbert Public Schools –VIK

Before/After school programs K-6th grade, full day programs ages 3-5 yrs old, summer programs

480-892-9089 x100

gilbertschools.net/parent_zone/before_after_school_programs/

Child Care/After School Care

Gilbert Public Schools-ToyBox

Early education child care program for ages 3-5

480-497-3300

gilbertschools.net/cms/One.aspx?portalId=63564&pageId=701130

Higley School District – Kids Club

Before/After, summer and school break programs
ages 3-12

480-279-7055

www.husd.org/domain/1854

Counseling Services

A New Leaf, Inc. Counseling Service

Counseling center for children and youth

480-969-4024

turnanewleaf.org/services/youth-behavioral.html

Childhelp

For children affected by child abuse

480-922-8212

childhelp.org

EMPACT

Suicide prevention

480-784-1514

empact-spc.com

Family Service Agency Counseling

Out-patient behavioral health clinic

fsaphoenix.org/outpatient-services/

602-264-9891

Gilbert Youth & Adult Resources

Comprehensive counseling program for Gilbert
youth and families

480-635-7701

gilbertaz.gov/departments/police/community/youth-adult-resources

Jewish Family and Children's Services

Counseling and behavioral health services

602-279-7655

jfcfaz.org

Valle Del Sol

Adult, youth and family counseling

602-258-6797

valledelsol.com

Domestic Violence & Sexual Abuse

A New Leaf/ Autumn House Domestic Violence Shelter

Refuge from abuse and violence

480-890-3039

turnanewleaf.org/services/domestic-violence.html

AZ Coalition to End Sexual and Domestic Violence

Helpline, education, resourcing

602-279-2900 or 1-800-799-7233 | TTY 1-800-787-3224

acesdv.org

Community Alliance Against Family Abuse (CAFA)

Emergency shelter, support groups, legal
advocacy, case management, sexual assault
victim advocacy

480-982-0205

caafaaz.org

Chrysalis Shelter

Includes shelter, transitional housing, adult and
child counseling, court victim advocacy and
offender treatment for women, men and children.

602-955-9059

noabuse.org

Domestic Violence Support/Shelter

Shelter search, answers to domestic violence
questions

480-890-3039

domesticshelters.org

Domestic Violence & Sexual Abuse

DOVES – 50+

602-264-2255 | TTY/TDD 602-241-6110

Senior Helpline 602-264-4357

Helps victims of late-life (ages 50+) domestic violence

aaaphx.org/program-services/doves-program

Fresh Start Women's Resource Center

Education, resources and support for women

602-252-8494

www.freshstartwomen.org

Gilbert Youth & Adult Resources

Comprehensive counseling program for Gilbert youth and families

480-635-7701

gilbertaz.gov/departments/police/youth-adult-resources

Mesa Center Against Family Violence (ACFAN)

On-scene crisis intervention from trained Victim Services personnel; medical attention is provided on-site to physical and sexual assault victims;

480 644-4075

acfan.net/centers/mesa-center.htm

My Sister's Place-DV shelter

Domestic violence shelter

480-821-1024

catholiccharitiesaz.org/phoenix/domestic-violence

National Domestic Violence Hotline

800-799-7233 | TTY 1-800-787-3224

thehotline.org

Winged Hope

Assistance with treatment of domestic violence

480-757-7030

Wingedhope.org

Woman Shelters

Listings of shelters, transitional housing, residential treatment centers and women's residential services.

womenshelters.org/sta/arizona

Drugs

See "Alcohol and/or Drugs" on p. 4

Eating Disorders

Healthy Futures-Scottsdale

Focuses on curing eating issues

480-451-8500

healthyfuturesaz.com

Ophelia's Place-Gilbert

Support and education for eating disorders

480-436-7683

opheliasplace.org

Rosewood Ranch – Tempe

General counseling, nutrition, and psychiatric services for eating disorders

1-844-203-8398

rosewoodranch.com/locations/rosewood-tempe/

Education Resources- Adult & Youth

Arizona Department of Education

High quality educational opportunities to all

602-542-5393 | 1-800-352-4558

azed.gov/ece/

Arizona Kids Think Too

Serving disadvantaged youth and their families providing academic tutoring, family education nights, early literacy interventions, and more

602-441-2443

azkids.azptc.us

Education Resources-Adult & Youth

Arizona Literacy and Learning Center, Inc.

Help children and youth who have literacy/dyslexia and other language-based disorders

602-212-1089

mightycause.com/organization/Azliteracy

Family Education and Support Services

Provides FREE parenting workshop for parents and caregivers of children birth to five years old

602-371-1366

arizonaschildren.org/parenting-education

First Things First

Healthy development and learning of young children

602-771-5100 | 1-877-803-7234

azftf.gov/Pages/default.aspx

Fresh Start Women's Resource Center

Education, resources and support for women

602-252-8494

freshstartwomen.org

Friendly House

Early Childhood Development Center, Adult Education, Workforce Development, Immigration Services, College/Career Readiness Program, Homecare for Seniors/Physically Disabled, Parent Education and Drug Prevention, Emergency Supportive Services

602-257-1870

www.friendlyhouse.org

Healthy Families Arizona

Resources for families

480-545-1901 ext. 15886

<https://des.az.gov/services/disabilities/early-intervention/resources-families>

Junior Achievement of Arizona

Money management skills

480-377-8500

jaaz.org

Southeast Regional Library

Storytime, baby time and more

602-652-3000

mclidaz.org/custom/branches/southeast.aspx

Perry Branch Library

Storytime, baby time and more

602-652-3000

mclidaz.org/custom/branches/perry.aspx

Southwest Human Development

Child development, early literacy, disability services

602-266-5976

swhd.org

Emergency/Crisis

9-1-1

Stop a crime! Report a fire! Save a life!

Adult Protective Services

1-877-767-2385 | 602-542-4446

azdes.gov/daas/aps/

Child Crisis Center

Foster care and adoption services

480-834-9424

childcrisis.org

Department of Child Safety

1-888-767-2445 | TDD 602-530-1831

dcs.az.gov/

Maricopa CRISIS Line

602-222-9444

crisisnetwork.org

Starbright Foundation for Abused Children

Housing for victims of trafficking and child abuse

480-371-3381

starbrightfoundation.org

Urgent Psychiatric Care (UPC)

Adult only 24 hr emergency/crisis psychiatric care

602-416-7600

connectionsarizona.com

Employment Services

Arizona Women's Education & Employment

Connect clients with better jobs

602-601-7200

awee.org

Fresh Start Women's Resource Center

Education, resources and support for women

602-252-8494

freshstartwomen.org

Goodwill Career Center

No cost career services to those in need of achieving employment & sustainable wages

602-535-4444

goodwillaz.org/locations/?filter=career-center

Maricopa Workforce Connections – Gilbert

Job placement, skills assessments, job training, career counseling and resume development.

602-372-9700 | 602-506-5911

TTY/TDD 602-506-4802

maricopaworkforceconnection.com

St. Joseph the Worker

Help individuals return to work and become self-sufficient, provides access to job opportunities

602-417-9854

sjwjobs.org

Food/Clothing

AZCEND

Emergency and supplemental food boxes

480-963-1423

azcend.org/food-bank/

Clothes Cabin

Clothes, steel toed work boots, laundry service for the homeless

480-285-4111

clothescabin.org

Friendly House

Food boxes, hygiene boxes

602-257-1870

friendlyhouse.org/programs/family-services/

Matthew's Crossing Food Bank

Emergency and supplemental food boxes

480-857-2296

matthewscrossing.org

Open Arms Care Center

Supplemental food and clothing

480-539-0175

openarmscc.com

Paz de Cristo

Diapers, hygiene products, clothing, and clothing vouchers

480-464-2370

pazdecristo.org/

Salvation Army – Chandler Corp

Food pantry and meal program

480-963-2041

salvationarmyusa.org

St. Anne's Friends of the Needy

Food, clothing toys, household appliances

480-507-4400

stanneaz.org/connect/ministries/outreach/friends-of-the-needy

St. Mary's Food Bank Alliance

Food distribution warehouse to agency partners

602-242-3663

firstfoodbank.org

St. Vincent de Paul

Dining rooms, clothing distribution

602-261-6886 | 602-266-4673

stvincentdepaul.net

United Food Bank

Food distribution warehouse to agency partners

480-926-4897

unitedfoodbank.org

Vineyard Community Church*Clothing and food boxes***480-892-5898**vineyardaz.com

Functional/Special Needs

Arizona Autism United (AZA United)*Services for children with autism and their families***602-773-5773**azaunited.org**AZ Center for the Blind & Visually Impaired***Promoting resourcefulness, independence, dignity and employability***602-273-7411**www.acbvi.org**AZ Commission for the Deaf & Hard of Hearing***Referral center for issues related to people with hearing loss***TTY 800-352-8161 | Voice 602-542-3323**acdhh.org**AZ Dept. Economic Security – Services for Blind, Visually Impaired and Deaf***Assist individuals to achieve employment***480-820-8629**<https://des.az.gov/services/employment/arizona-rehabilitation-services>**Arizona Governor's Council on Spinal and Head Injuries***Resources and information***602-774-9148**azheadspine.org**Arizona Relay Service 7-1-1***Assists in connecting deaf, hard of hearing, deaf-blind or have difficulty speaking to whom they need to reach***TTY 1-800-367-8939 | Voice 1-800-842-4681**azrelay.org**Autism Society of Greater Phoenix***Mentoring, support groups, advocacy***480-940-1093**phxautism.org/**Autism Speaks***Resources for programs and services***888-288-4762**autismspeaks.org/resource-guide/state/AZ**A Brighter Avenue***Therapies, early autism programs, in home services***480-474-4173**abrighteravenue.org**Brain Injury Alliance of Arizona***Services to improve the quality of life for those with brain injuries and their families***602-508-8024 | 1-888-500-9165**biaaz.org**Chandler Gilbert ARC***Teaching and support to individuals with intellectual and developmental disabilities***480-892-9422**cgarc.org**Civitan Foundation***Respite, habilitation, attendant care, day treatment for adults, home and community based services, group supported employment and recreational events Transportation is offered to and from services.***602-953-2944**civitanfoundationaz.com**Cornerstone Healthcare Inc.***In home service provider***1-800-743-8013**cornerstonehealthcareaz.com/**Foundation for Blind Children***Education, tools and services to those with vision loss***602-331-1470 | 602-678-5800**seeitourway.org

Functional/Special Needs

Gilbert Adaptive Recreation Program

Programs and activities for 14+ with adaptive recreation needs

480-503-6270

gilbertaz.gov/departments/parks-and-recreation/recreation-centers-classes/gilbert-community-center/adaptive-recreation

AZ HBS- Home Based Services

Habilitation, respite and attendant care

480-577-5925 | 480-351-9479

Azhbs.com

Marc Community Resources Inc.

Educational, therapeutic, rehabilitation and social services to children and adults with developmental, physical disabilities and behavioral health challenges

480-969-3800

marccr.com/

Smiles for Special Needs

Respite, habilitation and attendant care

480-361-1972

smilesforspecialneeds.com/Home_Page.html

Southwest Autism Research and Resource Center

Clinical, school-based, and employment-based autism programs and services

602-340-8717

autismcenter.org

Southwest Human Development

Developmental assessments, inclusion program, assistive technology, autism services and more

602-266-5976

swhd.org

Valley Center of the Deaf

Provide services to help live independently

602-267-9122

vcdaz.org

Grief & Loss

GriefShare

Support for grief journey after loss of a loved one

480-600-8352

Cfalife.org or griefsharie.org

Hospice of the Valley

For adults or teens who have suffered a loss

602-530-6900

hov.org/grief-support-groups

MISS Foundation

For those who have lost a child

1-602-279-6477

<https://missfoundation.org/>

New Song Center for Grieving Children

Support groups and activities for children, teens or young adults who have lost a loved one

480-951-8985

hov.org/welcome-new-song-center-grieving-children

Stepping Stones of Hope

Support groups and camps for kids, teens, adults and families who have lost a loved one

602-264-7520

steppingstonesofhope.org

Health Services: Low/No Cost

Adalante Healthcare, Inc.

Primary medical care, family & internal medicine, pediatrics, dental, WIC /nutrition and help applying for AHCCCS and other assistance.

877-809-5092

adelantehealthcare.com

Arizona Health Care Cost Containment System (AHCCCS)

Medicaid agency that provides medical insurance and health care programs

602-417-7100 | 1-800-334-5283

azdes.gov/main.aspx?menu=357&id=5255

Dignity Health-Chandler Regional

Diabetes self-management classes, children's and adult immunization clinics, children's hearing and vision screenings, oral health education and services, safety education and prenatal classes,
480-728-3000

dignityhealth.org/chandlerregional

Desert Mission Medical Services

Adult day healthcare senior enrichment programs
602-331-5792

desertmission.com/programs/community-healthcare/

Mission of Mercy-MOM

Free medical care and prescription medications
480-758-8343

momaz.org

Hospitals: Medical

Banner Desert Medical Center

480-412-3000

bannerhealth.com/locations/mesa/banner-desert-medical-center

Banner Gateway Medical Center

480-543-2000 | 855-256-6444

bannerhealth.com/locations/gilbert/banner-gateway-medical-center

Banner Heart Hospital

480-854-5000

www.bannerhealth.com/locations/mesa/banner-heart-hospital

Cardon Children's Medical Center

480-412-5437

bannerhealth.com/locations/mesa/cardon-children-s-medical-center

Chandler Regional Medical Center

480-728-3000

dignityhealth.org/chandlerregional

Mercy Gilbert Medical Center

480-728-8000

dignityhealth.org/mercygilbert/

Phoenix Children's Hospital

602-933-1000

phoenixchildrens.org

Hospitals: Psychiatric

Aurora Psychiatric

877-870-7012

aurorabehavioral.com

Banner Behavioral Health

bannerhealth.com/locations/scottsdale/banner-behavioral-health-hospital

480-448-7500

Community Bridges Inc.

480-962-7711 or 877-931-9142

communitybridgesaz.org/

Oasis Behavioral Health Hospital

480-917-9301

obhhospital.com

Phoenix Children's Hospital (up to age 12)

602-933-1000 | 1-888-908-5437

phoenixchildrens.org

Quail Run Behavioral Health

(8-11 yrs & adults)

602-455-5700

quailrunbehavioral.com

St. Luke's Behavioral

602-251-8535 | 1-800-821-4193

stlukesbehavioralhealth.com

Urgent Psychiatric Care (UPC)

602-416-7600

connectionsarizona.com

Housing & Rent Assistance

Affordable Rental Movement of Save the Family

Transitional housing and supportive services for homeless families with children

480-898-0228

savethefamily.org

Gilbert Community Action Program (CAP)

Rent & Utility assistance

480-892-5331

Azcend.org/community-action-program/

Habitat for Humanity

Builds and improves homes for individuals and families

602-268-9022

habitatcaz.org

Homes for Single Moms

Help single mother homeowners manage and maintain their homes with support, resources, education and maintenance

homesforsinglemoms.org/

House of Refuge

Provides homeless families with transitional housing and services to reach self-sufficiency and help find a permanent home

480-988-9242

houseofrefuge.org

Rebuilding Together

Critical repairs and accessibility modifications at no cost to income-eligible seniors, veterans, families with young children, and those with disabilities

480-774-0237

rtvos.org/

Salvation Army – Chandler Office

Assist with paying utilities, rent or other vital payments

480-963-2041

arizona.salvationarmy.org/arizona/chandler_corps_community_center_page

Town of Gilbert - Emergency Home Repair Program

Emergency and minor home repairs to income eligible Gilbert homeowners to assist with health or safety related home repairs.

480-503-6277

gilbertaz.gov/residents/community-and-neighborhood-services/community-resources/emergency-minor-home-repair-program

Immigration Services

MP legal services LLC

Prepares legal documents

602-357-0811

perezlegalservicesaz.com/

Sanchez Immigration

Practices federal immigration and nationality law

480-275-2407

sanchezimmigration.com/

The Widow's Mite

Assists African refugees

facebook.com/widowsmiteaz/

Translation AZ

Professional translation services for all languages

1-800-620-4789

translationaz.com/translation-services/

Legal

AZ Coalition to End Sexual and Domestic Violence (ACESDV)

Legal Advocacy Hotline

602-279-2900 | 800-782-6400

TTD/TTY 602.279.7270

acesdv.org

Community Legal Services

Legal services to lower income eligible residents experiencing legal problems

480-833-1442 (EV) | 602-258-3434 (Phx)

clsaz.org

Legal

Family Legal Assistance Program (FLAP)

Free or reduced fee legal help for those who qualify

602-506-7948 | 602-257-4434

azlawhelp.org

State Bar of Arizona

Resources on finding a lawyer, legal help and education

602-252-4804

azbar.org

VITA-Volunteer Income Tax Assistance

Taxes prepared for free

480-834-2113

irs.treasury.gov/freetaxprep

Lesbian, Gay, Bisexual, Transgender, Queer (LGBTQ)

1 N 10

Provide support groups and social programs for youth 14-24

602-279-0894

onenten.org/

GLSEN

Community connections and crisis assistance

602-705-9780

glsenphoenix.org

Greater Phoenix Gay & Lesbian Chamber of Commerce

Supports an inclusive business environment

480-748-6681

phoenixgaychamber.com

Parents Families and Friends of Lesbians & Gays (PFLAG) Phoenix

Provides support to those on the journey

602-843-1404

pflagphoenix.org

Phoenix Pride

Promotes unity, visibility and self-esteem through programs

602-277-7433

phoenixpride.org

Teen Lifeline

24 hr service with trained peer counselors

602-248-8336

teenlifeline.org

Trevor Project

Crisis intervention and suicide prevention for LGBTQ youth

866-488-7386

thetrevorproject.org

Mental/Behavioral Health

AZ Teen Crisis Solutions

602-879-9600 | Crisis Text 741741

Community Bridges

Crisis stabilization services and emergency interventions

877-931-9142

communitybridgesaz.org

IMPACT

Mobile crisis support, case management and trauma healing program

1-800-273-8255

empact-spc.com

Exhale PTSD Recovery Centers

Specializing in recovery from trauma through therapy, support, behavioral health, housing and treatment services.

1(866)994-PTSD

<https://exhalerecovery.com/>

Gilbert Youth & Adult Resources

Comprehensive counseling program for Gilbert youth and families

480-635-7701

gilbertaz.gov/police

Mental/Behavioral Health

IMHR Epicenter Phx (ages 15-35)

Therapy, education, support and medicine management

602-595-5447

imhrepicenter.org

Jewish Family & Children Services

Counseling and behavioral health services, substance abuse counseling and recovery

480 820-0825 | 602-279-7655

jfcsaz.org

Mercy Maricopa Integrated Care

Connect to behavioral health, substance use and crisis care services

602-222-9444 | 1-800-631-1314

TTY/TDD 1-800-327-9254

mercymaricopa.org

NAMI Valley of the Sun office

Advocates for access to services, treatment and education programs

602-244-8166

namivalleyofthesun.org

Redemption Psychiatry & Counseling

Outpatient group to provide mental health treatment to children, teens and adults in the East Valley

480 471-8560

redemptionpsychiatry.com

San Tan Behavioral Health

Screening/assessments, treatment planning, counseling, life skills, behavior coaching, and therapeutic recreation programs

480-507-3644

santanbhs.com

Southwest Behavioral & Health Services

Providing integrated behavioral and health services to children, adolescents and adults

480-820-5422 | 602-265-8338

sbhservices.org

Military/Veterans

American Red Cross

Supports military families during deployments and emergencies

602-336-6660

redcross.org/what-we-do/support-military-families or www.redcross.org/find-help

CRISIS Line

Connect with a qualified responder

480-784-1500

480-784-1514 Veterans Crisis Line

602-277-5551 Phx VA Health Care

veteranscrisisline.net

Military/Veterans Crisis Line

Free VA support for all service members

800-273-8255 press 1

veteranscrisisline.net/activeduty.aspx

Military OneSource

Assistance in preparing for deployment, homecoming and reintegration

800-342-9647

militaryonesource.mil/deployment/military-and-family-support-programs

Military.com

Guard and reserve family resources for deployment, benefits and support available

military.com/spouse/military-life/military-resources/family-support-services.html

Operation Welcome Home

Assist in coordinating deployment and welcome home ceremonies. Nominate a veteran.

480-400-9349

operationwelcomehomeaz.com/

Project Sanctuary

Supports military families and assists with reintegration

720-561-9193

projectsanctuary.us/

Military/Veterans

Rally Point Arizona

Veterans helping veterans and their families with suicide prevention

480-784-1514 | 1-855-725-5948

rallypointaz.org

Veteran's Affairs Health Clinic- Gilbert

Primary health care, psychiatry, psychology dermatology, gastroenterology and rheumatology.

480-397-2800

phoenix.va.gov/locations/southeast.asp

Veterans Hospital

Health care services, dental, nutrition, and mental health services

602-277-5551

<https://www.phoenix.va.gov/>

Pregnancy

Choices Pregnancy Center

Free consultations, ultrasounds, pregnancy tests and pregnancy information

480-733-2740

choicesaz.org

Hope Women's Center

Safe haven for at-risk women and girls

480-983-4673 (AJ) | 602-715-0999 (Phx)

hopewomenscenter.org

Maggie's Place

House of hospitality for pregnant and parenting women in need

602-262-5555

maggiesplace.org

Pregnancy Care Center of Gilbert

Free pregnancy testing, options counseling, ultrasounds, referrals and resources. PCC does not provide or refer for abortions.

480-237-4810

<http://pccchandler.com/>

Recovery Centers

Community Bridges, Inc.

Crisis stabilization services and emergency interventions can last up to 23 hours

<https://communitybridgesaz.org/>

Eureka Imperial Residence

Private traditional rehab located in Gilbert. Eureka Imperial Residence offers inpatient programs for men struggling with alcohol and drug abuse.

1(888) 771-6276

<https://www.rehab.com/eureka-imperial-residence/5181079-r>

Exhale PTSD Recovery Centers

Specializing in recovery from trauma through therapy, support, behavioral health, housing and treatment services.

1(866)994-PTSD

<https://exhalerecovery.com/>

MHCTI DBA Step Two Recovery Center

Substance abuse treatment services, aftercare addiction treatment, residential long-term inpatient treatment, adolescent's addiction treatment in Gilbert.

1(888)-203-2709

<https://www.rehabcenter.net/rehab-centers/arizona-rehab-centers/gilbert/mhcti-dba-step-two-recovery-center>

Pathway Program

Teen/ Young Adult support groups, parent support group, intensive outpatient treatment, residential treatment.

1(877)-921-4050

<https://thepathwayprogram.com/>

Seniors

About Care, Inc.

Transportation, respite care, minor repairs

480-802-2331

aboutcare.org

Alzheimer's Association

Education and support to caregivers, patients, and families

602-528-0545

alz.org/dsw?set=1

Area Agency on Aging

Advocate for older adults and senior help line.

602-264-2255 | TTY/TDD 602-241-6110

www.aaaphx.org

Arizona Assisted Living Facilities & Senior Care

Senior placement organization to help families find safe care options

carepatrol.com

caring.com

seniorguidance.org/assisted-living/arizona/

Ability360

Removal of architectural barriers in the homes of residents with disabilities.

480-655-9750

ability360.org/

Chandler Senior Center

Recreational, social and support services including an on-site hot lunch program

480-782-2720

chandleraz.gov/explore/chandler-recreation/centers-and-facilities/chandler-senior-center

East Valley Adult Resources

In home support, referral and care information

480-964-9014

evadultresources.org

East Valley Dial-a-Ride

ADA transportation for those unable to use the local bus service due to a disability

602-253-5000

valleymetro.org/dial-ride

Gilbert Community Center-Home of Senior Center

On-site daily lunch program, classes, activities and health presentations.

480-503-6061

gilbertaz.gov/departments/parks-and-recreation/recreation-centers-classes/gilbert-community-center/seniors

Meals - Home Delivered

Hot meal is delivered to homes Monday-Friday

602-264-4357

aaaphx.org/program-services/home-delivered-meals/

Senior Help Line

24 hr information and assistance resource to help you find the service you need for transportation, housing, long-term care, meals, home care, etc.

602-264-4357

aaaphx.org

Senior Guidance

Senior health information

drugwatch.com/health/seniors

Shelters: Homeless

Centralized Screening for Homeless Individuals and Families

Singles 602-759-5356

Families 602-595-8700

Domestic Violence 480-890-3039

Youth 602-271-9904

Veterans & Veteran Families 602-248-6040

Child Crisis Center (ages 0-11)

Provides emergency shelter to children

480-969-2308

childcrisisaz.org/

Shelters: Homeless

Interfaith Homeless Emergency Lodging Program (I-HELP)-Chandler
Safe place to sleep, hot meal and shower for adults experiencing homelessness. Case management, clothing and employment services.
480-963-1423x112
<http://azcend.org/i-help/>

Maggie's Place
House of hospitality for pregnant and parenting women in need
602-246-3724
maggiesplace.org

Special Needs

See "Functional Needs" on p. 12"

Suicide

9-1-1
Stop a crime! Report a fire! Save a life!

American Foundation for Suicide prevention
Provides resources and aid to those affected
1-888-333-2377
afsp.org

AZ Teen Crisis Solutions
623-879-9600 (24 hr)

Crisis Response Network (CRN)
24/7 crisis response network to assist children and adults connect with medical, legal, affordable housing services and more.
602-222-9444
crisisnetwork.org

EMPACT Suicide Prevention Hotline
480-784-1500 | 1-800-273-8255
empact-spc.com

The Jason Foundation

School based curriculum, online staff development programs and parent seminars
1-888-881-2323
jasonfoundation.com

Mercy Maricopa Integrated Care

Crisis intervention, support and referrals available 24 hrs a day
602-222-9444
mercymaricopa.org/members/resources/crisis

National Suicide Prevention Hotline

1-800-273-8255
suicidepreventionlifeline.org

Teen Lifeline

Suicide counseling with trained peer counselors
602-248-8336
teenlifelineTeen.org

Trevor Project

Crisis intervention and suicide prevention for LGBTQ youth
866-488-7386
thetrevorproject.org

Veteran's Administration, Veteran's Crisis

Free VA support for all service members
1-800-273-8255 | 480-353-0293
phoenix.va.gov

Support Groups

Al Anon/Alateen

Support for family members and teens who are worried about someone with a drinking problem
602-249-1257 | 480-969-6144
<https://al-anon.org/>

Alcoholics Anonymous

Meetings for those who have had a drinking problem
602-264-1341
aaphoenix.org | <http://aamesaaz.org/>

Support Groups

Alzheimer's Association

Support individuals, families, care partners and communities affected by dementia.

1-800-272-3900

alz.org

Autism Speaks

Resources for programs and services

480-231-4214 | 1-888-288-4762

autismspeaks.org/resource-guide/state/AZ

Hidden Heroes- Military Caregivers

Support for those caring for an injured service member

202-249-7172

<https://hiddenheroes.org/>

NAMI-National Alliance on Mental Illness

Meetings of caregivers of individuals with a mental illness

602-244-8166

namiarizona.org/

Teen Addiction Anonymous

Created for teens 15-18 by teens to reflect on life issues, work on behavior and find peer support.

teenaddictionanonymous.com

Transportation

About Care

Transportation to medical, groceries and/or social appointments

480-802-2331

aboutcare.org

ComTrans

Specialized community behavioral health and social service transportation for adults and children to medical or counseling appointments

602-231-0102

gocomtrans.com

East Valley Dial-A-Ride

ADA transportation for those unable to use the local bus service due to a disability

480-633-0101

valleymetro.org/dial-ride

Valley Metro

480-921-3071 | 602-253-5000

Bus and rail information

valleymetro.org

Utility Assistance

Gilbert Community Action Program (CAP)

Emergency financial and utility assistance

480-892-5331

azcend.org/community-action-program

Salvation Army – Chandler Office

Assist with paying utilities, rent or other vital payments

480-963-2041 | 480-786-4093

chandler.salvationarmy.org

Southwest Gas – Low-Income Ratepayer Assistance (LIRA)

Qualified individuals can receive a 30% reduction in monthly basic service charge and a “per therm” rate discount

877-860-6020

myaccount.swgas.com/content/lira

St. Anne-Friends of the Needy

Utility bill assistance for basic needs like water, gas, and electricity.

480-507-4466

stanneaz.org/connect/ministries/outreach/friends-of-the-needy

SRP Economy Price Plan

Receive a monthly discount if qualified

602-236-8888

srpnet.com/prices/economy.aspx

Veterans

See “Military” on p. 17

Volunteer Opportunities

For Our City – Gilbert

irun4good.org/

Gilbert Gives (Chamber for Good)

chamberforgood.com/gilbert

Just Serve

justserve.org

Town of Gilbert

gilbertaz.gov/residents/volunteer

VolunteerMatch

volunteermatch.org

****Organizations and programs mentioned throughout this resource guide may have their own volunteer opportunities mentioned on their websites****

Miscellaneous

Abandoned Ride-Share Bikes

LimeBike (Green and Yellow Bikes)

888-546-3345

support@limebike.com

Spin (Orange Bikes)

888-262-5189 (instant messaging available)

www.spin.pm

OFO (Yellow Bikes)

support@ofobike.com

Abandoned Shopping Cart

Arizona Food Marketing Alliance

1-800-THE-CART or 1-800-843-2278

<http://afmaaz.org/report-a-stray-cart-arizona-cart-services.html>

Bees

For bees on private property, contact a bee removal service.

If the bees are actively attacking, Call 9-1-1.

Community Information & Referral (2-1-1)

211

cir.org

Home Safety Evaluations

Town of Gilbert Fire and Rescue

gilbertaz.gov/departments/fire-and-rescue

480-503-6300

Maricopa Government Directory

www.maricopa.gov/

Mosquitos

Information on how to control mosquitos and entities to contact for assistance

gilbertaz.gov/departments/public-works/wastewater/mosquito-control

Phoenix Community Tool Bank

Lends organizations tools for use in volunteer and community benefit projects

602-438-4005

phoenix.toolbank.org

Poison Control

800-222-1222

azpoison.com/

Silent Witness

480-948-6377

silentwitness.org/

Stray/Feral Cats

Maricopa County Animal Control

<https://www.maricopa.gov/3560/Animal-Care-and-Control>

Roof Rats

Maricopa County Vector Control Office & Lab

602-506-0700

<https://www.maricopa.gov/2179/Roof-Rat-Resources>